

# CUES

Zone	Danger	Safety
<b>Sympathetic</b>  Activated Mobilized Fight-Flight	Body Current Environment Larger Environment Relational	Body Current Environment Larger Environment Relational
<b>Dorsal</b>  Numb Immobilized Collapsed	Body Current Environment Larger Environment Relational	Body Current Environment Larger Environment Relational
<b>Ventral</b>  Regulated Safe Connected	Body Current Environment Larger Environment Relational	Body Current Environment Larger Environment Relational

# SYMPATHETIC CUES

	Danger	Safety
Body		
Immediate Environment		
Greater Environment		
Relational		

# DORSAL CUES

	Danger	Safety
Body		
Immediate Environment		
Greater Environment		
Relational		

# VENTRAL CUES

	Danger	Safety
Body		
Immediate Environment		
Greater Environment		
Relational		

# AUTONOMIC ZONES

Zone	Story
<b>Sympathetic</b>  Activated Mobilized Fight-Flight	
<b>Dorsal</b>  Numb Immobilized Collapsed	
<b>Ventral</b>  Regulated Safe Connected	